

UAE Incident Safety Guide



Use official UAE sources first. Do not share unverified clips or rumours.

Situation snapshot (verified context)

As of Sat 28 Feb 2026 (UAE)

- Iran launched ballistic missiles toward multiple Gulf locations, following U.S. and Israeli strikes on Iran, escalating the regional conflict.
- UAE authorities and witnesses reported blasts consistent with air-defence interceptions. UAE state media and Reuters reported one civilian death in Abu Dhabi.
- UAE Ministry of Defence (via WAM) said UAE air defences intercepted missiles, and debris fell in areas of Abu Dhabi and Dubai. Authorities urged people to rely on official sources and not spread rumours.
- Regional aviation was heavily disrupted. Dubai and Abu Dhabi flight operations were suspended or impacted, and multiple airlines halted routes due to airspace closures and security risks.

What to do in the UAE during missiles, blasts, or alerts

1) The first 60 seconds (do these immediately)

1. **Get inside** as fast as you safely can. The biggest risk is **glass, debris, and shrapnel**, even when interceptions happen.
2. **Move away from windows.** Go to an **interior room**.
 - Best options: **windowless bathroom**, closet, or a central corridor.
3. **Get low and protect your head.**
 - Sit or lie on the floor.
 - Use a pillow, bag, or blanket if available.

4. **Do not go to balconies or rooftops** to watch or film.
5. **Stay put** until there is an official update or all-clear.
 - Do not self-evacuate into streets unless authorities instruct it.

2) If you are in a specific situation

If you are in a high-rise

- Go deeper inside the unit (central hallway or bathroom).
- Avoid elevators during an active incident.
- Close curtains or blinds **only if you can do it safely**. This reduces glass scatter.

If you are outside

- Go into the nearest solid building.
- Avoid glass façades, glass canopies, and open promenades.

If you are driving

- If you hear blasts or receive an alert: pull over safely and get into the nearest building if possible.
- If you cannot exit safely, stop and **duck below the window line**.
- Avoid stopping near fuel stations, bridges, overpasses, or crowds.

After blasts or interceptions: debris protocol (critical)

1. **Assume debris is dangerous**. It can be sharp, hot, and potentially hazardous.
 2. **Do not touch it** and do not approach.
 3. **Do not photograph it up close**.
 4. **Create a perimeter**. Keep children and bystanders away.
 5. **Report it to authorities**.
 6. If anyone is injured: **call an ambulance immediately**.
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Emergency numbers (UAE)

- **999** Police
- **998** Ambulance
- **997** Fire and Civil Defence



If it is life-threatening and you are unsure, call **999** and they will route appropriately.

Next 2–24 hours: reduce risk and stay functional

Do now

- Charge phones and power banks.
- Keep a flashlight nearby.
- Keep shoes near you. Glass is a common injury source.
- Prep a small grab bag:
 - IDs
 - Essential meds
 - Water
 - Child supplies (if relevant)
 - Charger
 - Small cash
- Avoid non-essential airport travel. Flight operations can change rapidly.

Information discipline (non-negotiable)

- Follow official UAE channels (MoD/WAM, NCEMA, MOI, local police).
- Do not amplify unverified videos or claims.